# CareSignal Remote Patient Monitoring



### Arvon CIN & CareSignal's Partnership

Arvon CIN has partnered with CareSignal to utilize their remote patient monitoring tool, which sends text messages or automated phone calls to patients on behalf of Beaumont ACO. These messages collect patient reported information, and alertArvon CIN care team members to intervene

if a patient's condition worsens. CareSignal helps Arvon CIN stay connected to patients in-between scheduled appointments by monitoring patientreported data.

- · Sends patients automated text messages or calls
- · Records condition-specific, patient-reported data
- Sends actionable alerts to the Arvon CIN care team if conditions worsen
- Helps prevent potential ED visits and exacerbations

### Benefits of CareSignal for Patients

- A way to keep connected to the Arvon CIN team between doctor visits
- · Responses update patient's electronic chart
- Electronic chart is accessible by Beaumont ACO care team

## Arvon CIN Patient Programs:

CareSignal®

#### **COPD**

- · Tracks breathing trends for COPD patients
- Identifies patients in early exacerbation to prevent hospitalizations

#### **Diabetes**

Logs blood sugar levels

#### HeartFailure

- Tracks symptoms associated with heart health problems
- · Can help prevent readmission long term

#### Hypertension

Tracks blood pressure

### CareSignal Delivery Numbers for Calls & Text Messages

• COPD: (833)434-3795

• Diabetes: (855)463-3790

• Heart Failure: (855)611-3799

• Hypertension: (844)335-3796

### Messaging Available for Any Type of Phone



Example Diabetes Messages

